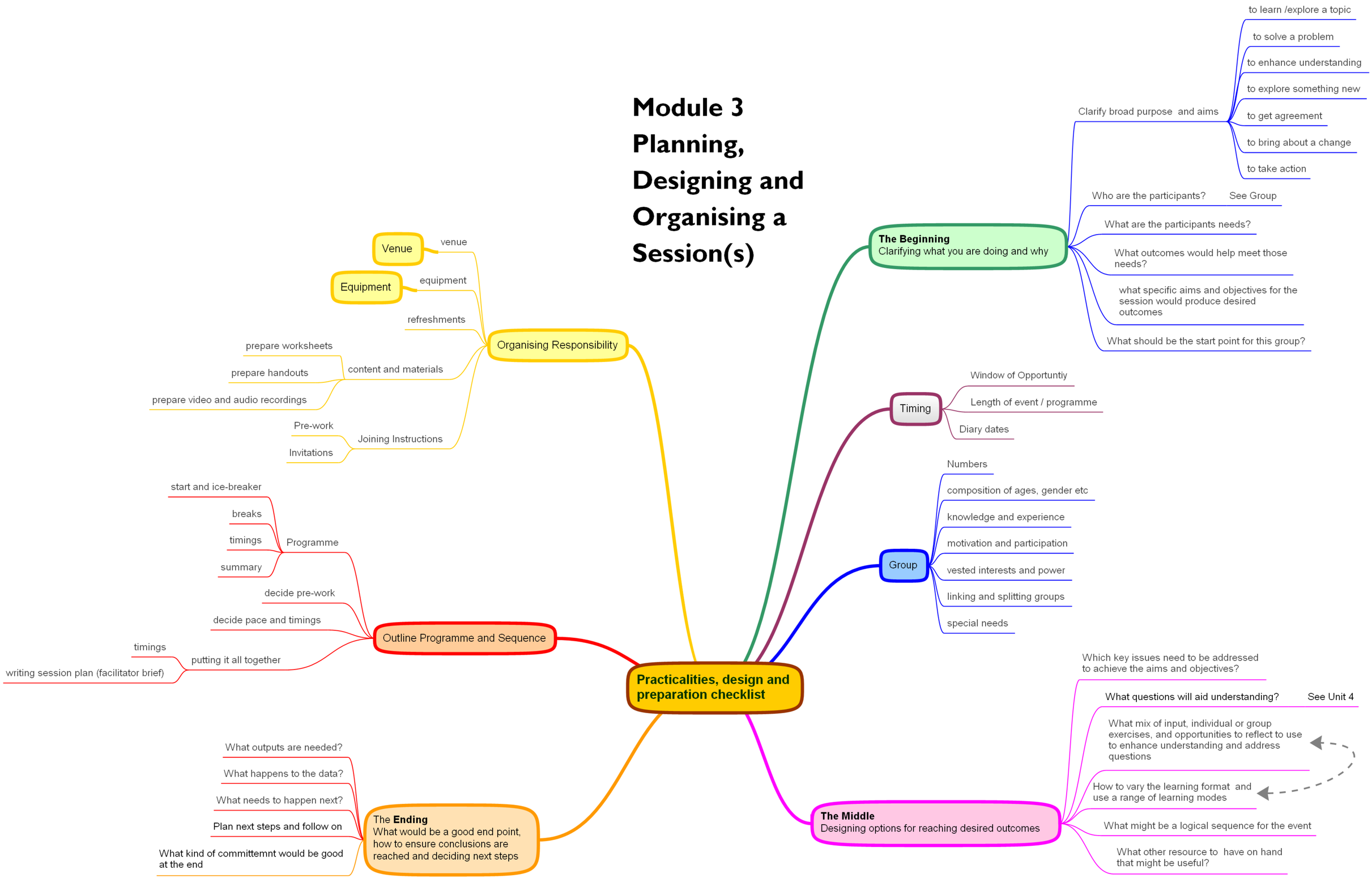Module 3 Planning, Designing and Organising a Session(s)